# ACTIVE <br> LIFE 

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## Atlantic Canada's diamond in the rough <br> BY TRACY HANES

If you enjoy sweeping oceanfront views, peaceful surroundings and vast unspoiled wilderness, paired with ultra-luxurious accommodations, attentive services and extensive activities, then Fox Harb'r Resort in Wallace, Nova Scotia is a destination worth considering - not only for a holiday, but for your next vacation home.

This maritime resort, built by Tim Hortons co-founder Ron Joyce, sits on 1,150 acres along rugged Atlantic shoreline. As well as elegant hotel accommodations, Fox Harb'r also has residential ownership options that
include building lots, executive townhouses and custom detached homes. Joyce grew up in nearby Tatamagouche. He fell in love with the property, and created a resort with a first-class golf course that is threaded through the robust landscape.

A Toronto-to-Halifax flight takes just two hours, and then it's an easy 90 -minute drive through pastoral countryside. If you have a private jet, or can charter one, there's a jet port on site with a 5,000 -foot runway. Or you can moor your yacht in the deepwater marina.

The centrepiece of Fox Harb'r
is its championship golf course, designed by Graham Cook and ranked among the top 1,000 in the world by Rolex. Its Bermuda grass tees are a rarity in Canada. The front nine are parkland-style and overlook the Northumberland Strait and Prince Edward Island in the distance, while the back nine are link-style. Tiger Woods holds the course record, set in 2009 when he and National Basketball Association All-Star, Charles Barkley, played in a charity event. There's also a Par 3 course and a golf academy.

While golf is still a highlight, the

resort has evolved into much more since opened it opened in 2000 , according to Fox Harb'r president Kevin Toth, former president and COO of Skyline Hotels and Resorts. There is clay and wing shooting at the Sporting Lodge, and fly-fishing at two stocked ponds. The newly renovated Dol-ás Spas has a full roster of pampering treatments in six treatment rooms, and is housed in the same building as the fitness centre that includes a junior Olympic pool and gym, as well as a mineral bath and hot tub. Biking, hiking, horseback riding, kayaking, volleyball and tennis are all part of the lifestyle at Fox Harb'r. Keep your eyes open for all types of wildlife on land, and in the water.

Executive chef, Shane Robilliard, serves up fresh seafood and locally sourced fare in the Cape Cliff dining room with spectacular panoramic views. A more casual dining alternative can be found in the Williard pub. There's an extensive wine list of international varietals, as well as a selection from Nova Scotia.

The residential offerings in Stone Harb'r Village include fully serviced half-acre lots with golf course, ocean and forest views, priced from $\$ 195,000$ to $\$ 385,000$ for those who wish to design and build their own custom home. Homes can be used as a principal residence or a seasonal getaway. Executive townhomes, with Craftsman-style architecture that boast golf course and ocean views, are available from $\$ 525,000$ to $\$ 749,000$, and include features such as 10 -foot main-floor ceilings, floor-to-ceiling windows, spacious great rooms, gourmet kitchens, and master ensuites with private decks, heated floors and walk-in closets. The towns

come in three- or four-bedroom layouts with three bathrooms, and range from 2,700 to 3,000 square feet, in addition to a 1,355 - to 1,670 -squarefoot basement. Fractional ownership of an executive townhouse is an affordable option at $\$ 169,000$ to $\$ 215,000$ for 12 weeks of use per year.

Membership at Fox Harb'r, with full golf playing privileges and access to all amenities, is provided with ownership of a home or a building lot. foxharbr.com

## A FIRST TIME PASTIME BY DAVID EISENSTADT

When I was 10 years old, I shot pellets at cans in a vacant lot with a childhood friend; but that was the last time I toted a gun. Fast-forward six decades, and I'm holding a shotgun at Fox Harb'r Resort, while being tutored by the resort's director of sport shooting, Peter Phillips.

Clay shooting is a popular sport across North America. Phillips provided a straightforward introduction and reviewed the extensive safety procedures. I was outfitted with a safety vest, glasses, shoulder padding and earplugs, and learned how to mount the gun properly for minimal shoulder impact. "We take special care to prepare people," says Phillips. "Many, like you, have never really fired a gun like this in their lives, so we have them hold the gun at their side while one of us holds on as well, then we fire off one shell."


Below: David Eisenstadt takes aim at the Sporting Lodge.


Clay shooting is a bit like playing a round of golf, for which the resort's reputation is renowned - and it takes skill. My shotgun was cocked and ready, as one of the facility's six trap machines threw a small, plate-size clay target from different angles, and at different speeds. I learned to place my cheek on top of the gun so that my eye looked in the same direction as the barrel. However, I didn't hit a darned thing that morning, although many of the other novices that were with me, did.

